

December 10, 2025
Invitation from ASQ's
Lean Enterprise Division
Virtual Webinar

DATE:

Wednesday
December 10, 2025

This is a virtual/online
(WebEx) webinar. Log-in
information will be provided
on the registration
confirmation email.

Time: 10:00 am to 11:00 am
PST

(check website to confirm time)

There is no charge for ASQ
members or non-members.

Registration is required for
planning purposes and to
receive RU credit following
the event.

More information about ASQ's
Lean Enterprise Division is
available [here](#).

For more information about our
Columbia Basin ASQ section and
other upcoming events:
www.asq614.org/ or our [myASQ](#)
[community site](#).

The Invisible Knife: What's Sabotaging Your Projects, and How to Stop It



Taryn Shipley, ssBB
Founder and CEO of Lean HealthTech

Projects often fail for reasons that have nothing to do with tools, funding, or timelines. The real culprit is harder to see: mental energy.

Silent meetings, endless rabbit holes, and resistance to change all point to the invisible forces that drain teams and derail progress.

In this thought-provoking session, we will uncover the hidden barriers that cut into project success. We will learn how to recognize the symptoms of a “mental energy crisis,” why familiarity often beats innovation, and how to grow capacity - for yourself and for others - to make change sustainable.

Join us to discover practical ways to shift your mindset from protecting time to protecting energy, increasing buy-in, and building resilience against the subtle forces that sabotage projects.

About the speaker: Taryn Shipley is the founder and CEO of Lean HealthTech. She works with healthcare organizations across the US optimizing their processes by better leveraging analytics and their EMR (electronic medical record).

Taryn earned her bachelor's degree in Molecular and Cellular Biology and Spanish, and acquired her MBA with specializations in analytics and digital marketing from the University of Illinois at Champaign-Urbana.

Taryn is Six Sigma Black Belt certified, MIT certified in Artificial Intelligence in Healthcare, and also holds seven Epic certifications. She is the author of “Process Improvement in Healthcare” and the host of the Lean Healthtech podcast.